

Paunawa:

Minarapat ng Kagawaran ng Edukasyon na ilakip sa Gabay ng Kurikulum ng Makabansa ang Sakop at Daloy (Scope and Sequence) nito upang bigyang-gabay ang mga guro kung paano mabibigyang garantiya na ang mga batayang kasanayan sa Musika at Sining (Music and Arts) at Edukasyong Pampisikal at Pangkalusugan (Physical Education and Health) ay maisasakatuparan sa mga gawaing pangklasrum na ang batayan ay ang pamantayang pangnilalaman at pagganap at kasanayang pampagkatuto na makikita sa dokumentong ito.

UNANG BAITANG		
<i>Unang Markahan – Ang Bawat Tayo ay Natatangi</i>		
KASANAYANG PAMPAGKATUTO	MGA BATAYANG KASANAYAN	MGA MUNGKAHING GAWAIN
<p>1. Nailalarawan na ang bawat tao ay may iba't - ibang:</p> <p>a. Katangiang Pisikal; b. Pangangailangan; at, c. Interes at Kakayahan</p>	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6	My Little Parrot: An exciting game that guess, imitate, and produce different properties of sounds like timbre (human sounds, animal sounds, natural sounds, mechanical sounds) and dynamics (soft and loud)
	MA 10; MA 11; MA 12; MA 13; MA 14	Body Tracing: Learners create human body parts or bodies using different lines, shapes, colors, and values.
	PEH 2.1; PEH 1; PEH 3	Strike a Pose: An activity that requires learners to create non-locomotor body poses on different levels (low, middle, and high levels)
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	Pick and Tell: A session of sharing thoughts and feelings regarding physical characteristics, needs, interests, and talents.
<p>2. Naipaliliwanag ang karapatan at tungkulin ng bawat bata</p>	MA 1; MA 2; MA 3; MA 4; MA 6	I Can: Learners can recite “Panatang Makabayan, sing “Lupang Hinirang”, at perform an action song about children’ basic rights.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16	Gallery Walk: An activity that exhibits learners colored drawing of basic rights.
	PEH 2.2; PEH 1; PEH 3	Let’s Exercise Our Rights: A relay game using variety of locomotor and manipulative skills on different directions.
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	Health Shot: A game where learners throw and shoot an improvised ball (rights) to the appropriate basket (responsibilities).

<i>3. Naipahahayag na ang bawat tao ay may kakanyahan</i>	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 9	<u>Move to Music</u> : Learners move on to action songs showing their unique individualities.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15	<u>Cut and Create</u> : A collection of cut-outs showing different individualities and talents of learners.
	PEH 2.1; PEH 2.2; PEH 1; PEH 3	<u>Roll, Catch, Pass</u> : A relay game of different non-locomotor and locomotor skills using movement and fitness concepts on unique individualities and talents of learners.
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	<u>Body Care</u> : A grouping game showing actions of healthy emotions and ways on taking care of the body.

Ikalawang Markahan – Tayo Bilang Kasapi ng Pamilya

1. Naipaliliwanag ang konsepto ng pamilya batay sa bumubuo nito tulad ng two-parent, solo parent, extended family, at iba pa	MA 1; MA 2; MA 3; MA 4; MA 6; MA 7	To The Beat: Learners produces simple rhythmic patterns on roles and responsibilities of family members.
	MA 10; MA 11; MA 12; MA 13; MA 15;	Family Portrait: A picture frame art about family members using different lines, shapes, colors, and values.
	PEH 2.1; PEH 2.2; PEH 1; PEH 3	Family Moves: Learners will demonstrate roles and responsibilities of family members using variety of manipulative skills on different movement and fitness concepts.
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	Safe and Sound: A story-telling activity where learners share how they practice safety rules at home.
2. Naipaliliwanag ang papel at tungkulin ng mga kasapi ng pamilya	MA 1; MA 2; MA 3; MA 4; MA 6; MA 7	Tick tack: A guessing activity where learners associate tempo on roles and responsibilities of family members
	MA 10; MA 11; MA 12; MA 13; MA 15;	Family Sketch: Learner creates artwork about roles and responsibilities of family members using principle of repetition.
	PEH 2.1; PEH 2.2; PEH 1; PEH 3	Family Grooves: Learners will demonstrate roles and responsibilities of family members using variety of locomotor skills on different movement and fitness concepts.
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	Safety First: A demonstration of safety practices when performing chores and other activities at home.
3. Napahahalagahan ang papel at tungkulin ng mga kasapi ng pamilya	MA 1; MA 2; MA 3; MA 4; MA 6; MA 7	Jazz Chant: Learners perform chants about their roles and responsibilities of family members using variety of rhythms and tempos.
	MA 10; MA 11; MA 12; MA 13; MA 15;	Family Collage: A simple picture collage of family members showing their roles and responsibilities.
	PEH 2.1; PEH 2.2; PEH 1; PEH 3	My Family Moves and Grooves: Learners will demonstrate roles and responsibilities of family members using variety of locomotor and manipulative skills on different movement and fitness concepts.
	PEH 4.1; PEH 4.2; PEH 4.5; PEH 4.6; PEH 4.7; PEH 4.8	Healthy Plate: Learners create a simple meal plate to show the importance of eating a balanced meal.

Ikatlong Markahan – Tayo Bilang Kasapi ng Paaralan

1. Nailalahad ang mga batayang impormasyon tulad ng pangalan, pinagmulan, laki at lawak, kinaroroonan, at kuwento ng sariling paaralan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	Local Songs: Learners sings available local songs with simple melodies about their immediate communities.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	My Community Picture: An activity where learners distinguish simple visual elements, and design principles of emphasis and balance observed in their immediate community.
	PEH 2; PEH 1; PEH 3	We Like to Move It: A physical activity of locomotor skills on the characteristics, members, and services in their immediate community.
	PEH 4	Healthy Are We: Learners share stories on healthy members and services of their immediate community.
2. Naipaliliwanag ang tungkulin ng mga taong bumubuo sa paaralan tulad ng punongguro, guro, doctor, nars, dyanitor, mag-aaral at iba pa	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	My Community Song: Learners sing songs about their immediate community using high and low vocal melodies.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Draw My Place: A drawing of learners' ideal community where they simple visual elements (line, shape, color, and value) and principles of design (emphasis and balance).
	PEH 2; PEH 1; PEH 3	Game of Thrones: A physical activity of locomotor skills with race and maze on the characteristics, members, and services in their immediate community.
	PEH 4	Touch Move: A tagging game where learners demonstrate loving/safe touch and avoid unloving/unsafe touch as members of their immediate community.
3. Natutukoy ang kahalagahan ng mga palatandaan at estruktura mula sa tahanan patungo sa paaralan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	Community Jingle: Learners perform a jingle on characteristics, members, and services in their immediate community using simple melodic lines about play and family activities
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Community Artwork: incorporates locally available materials, visual elements, and principles of design in expressive works about characteristics, members, and services in their immediate community.
	PEH 2; PEH 1; PEH 3	Community Play: Learners play games of locomotor skills using appropriate movement and fitness concepts.
	PEH 4	Community Advocacy: A simple poster making activity that advocates

		on healthy members and services in their immediate community.
4. Napahahalagahan ang sariling paaralan bilang bahagi ng pamayanan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	My Community, My Hymn: Learners sings the school hymn/LGU hymn with simple melodies about their immediate communities.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Finger Painting: Let learners express themselves through finger painting, distinguish simple visual elements, and design principles of emphasis and balance observed in their immediate community.
	PEH 2; PEH 1; PEH 3	Community Circle Time: Have a circle time sharing where learners can share their thoughts and feelings about their school community. Encourage them to express what they like about their school and what they would like to see improved.
	PEH 4	Bean Bag Toss: A physical activity using a bean bag toss game or any available materials to develop aiming and throwing skills on the importance of school as part of their immediate community.

Ikaapat na Markahan – Tayo Para sa Ating Pamayanan

1. Natutukoy ang iba pang kasapi ng pamayanan na umaagapay sa pamilya at paaralan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	Role Song: A simple musical activity where learners sing in solo and in group and the contents of the song pertains to the roles and responsibilities of their immediate community members.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Role Portraits: An activity where learners create a portrait of their neighbors doing their roles as member of the community using simple visual elements (line, shape, form, color, value, texture, space).
	PEH 2; PEH 1; PEH 3	Role Moves: Learners perform manipulative skills using different movement and fitness concepts on the roles and responsibilities of their immediate community members.
	PEH 4	Role Cards: Learners will create few poster cards showing ways on how to take care of their immediate community.
2. Naipaliliwanag ang papel ng mga kasapi ng kinabibilangang pamayanan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	Alphabet Occupation Song: An alphabet song on many community helpers and careers that learners can have fun thinking and dreaming about
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Flipbook: Learners create flipbook (few stacks of portraits) about their ideal community helpers using balance and proportion as principles of design.
	PEH 2; PEH 1; PEH 3	Spot Switcher: An activity where learners perform manipulative skills using different movement and fitness concepts on the roles and responsibilities of their immediate community members.
	PEH 4	Good Choice or Bad Choice: An activity where learners discern on the uses of medicine for protection, prevention, and cure of immediate community members.
3. Napahahalagahan ang papel ng mga kasapi ng kinabibilangang pamayanan	MA 1; MA 2; MA 3; MA 4; MA 5; MA 6; MA 7; MA 8; MA 9	Round Song: Teacher adopts the tune of How Great is the Pleasure and creates lyrics on the roles and responsibilities of their immediate community members. This became a round song for learners which identifies properties of sound like texture and form.
	MA 10; MA 11; MA 12; MA 13; MA 14; MA 15; MA 16; MA 17	Community Doodle: A collaborative doodle drawings of learners on the roles and responsibilities found in their immediate community using simple visual elements (line, shape, form, color, value, texture, space)

		and principles of design (balance and proportion).
	PEH 2; PEH 1; PEH 3	Pirate Ship: An elimination game where learners follow variety of teacher's command by performing manipulative skills using different movement and fitness concepts depending on the part of the ship mentioned. The parts of the ship represent roles and responsibilities of their immediate community members
	PEH 4	Let's Go: A simple simulation of clean-up drive or tree-planting activity for the benefit of their immediate community.